



COMPLETE PFT SERVICES

190 Aviation Plaza, Suite D Hot Springs, AR 71913 Phone: 501.525.2770

5905 Forest Place Suite 200 Little Rock, AR 72207 Phone: 501.525.2770

Fax to: 501-232-2000 or Email to: cpfts.fax@gmail.com

Patient's Name: _____ DOB: _____

Patient's Phone Number: _____

Ordering Physician's Name: _____

Pulmonary Function Test:

- ☐ Simple Spirometry (PFT Only)
- ☐ Spirometry w/Lung Volumes & DLCO (Complete)
- ☐ Methacholine Challenge Test

Indication for Procedure: _____

(signs, symptoms, or diagnosis)

Ordering Physician Signature: _____ Date: _____

Ordering Physician Phone Number: _____

Ordering Physician Fax Number: _____

Patient Instructions

- Please arrive no more than 20 minutes before your appointment. **Parking will NOT be a problem for you.** Parking spaces are very close to our facility and we are a one story facility. Handicapped parking is available.
- You will need to follow specific instructions during the test. If language is a barrier for you, please bring an interpreter with you.
- If you have a NEW cough, fever (temperature above 100 degrees), chills or flu-like symptoms, please call our facility at 501-525-2770 to reschedule your test.
- Please bring: photo id, health insurance cards and a list of you medications (including herbal medicines, vitamins/supplements and over-the-counter).
- **Complete PFT Services is a fragrance-free environment.** Please do not wear scented products or perfumes to your test appointment. This also applies to anyone who may be attending with you.
- **To book, cancel, reschedule or ask questions about your test call us at 501-525-2770. We can email driving directions upon request.**

How do I prepare for the test?

Please do NOT smoke/vape 1 hour before the test. NO vigorous exercise 1 hour before the test.

For a routine Pulmonary Function Test:

Medication Withholding Times:

i.e. Time between last dose taken to appoint time:

SABA: 4-6 hours (i.e. Ventolin & Bricanyl)

SAMA: 12 hours (i.e. Atrovent, Combivent)

LABA: 24 hours (i.e. Onbrez, Oxeze, Serevent)

LAMA: 36 hours (i.e. Incruse, Seebri, Spiriva, Tudorza)

Ultra-LABA: 36 hours (i.e. Advair, Anoro Ellipta, Breo, Duaklir, Inspiralto Respimat, Symbicort, Trelegy, Ultibro, Zenhale)

Alcohol: 8 hours

Note: withholding times for post bronchodilator testing is shorter than MCT, because bronchoprotection from these agents lasts longer than bronchodilation effects. For multiple agents please select the longer time to withhold medication.

For a Methocholine Challenge Test (MCT):

Medication Withholding Times:

i.e. Time between last dose taken to appoint time:

SABA: 6 hours (i.e. Ventolin & Bricanyl)

SAMA: 12 hours (i.e. Atrovent, Combivent)

LABA: 12 hours (i.e. Onbrez, Oxeze, Serevent)

Oral Theophylline: 12-24 hours

ICS/LABA: 48 hours (i.e. Advair, Breo, Symbicort, Zenhale)

LAMA: 1 Week (i.e. Incruse, Seebri, Spiriva, Tudorza)

LABA/LAMA: 1 week (i.e. Anoro Ellipta, Duaklir, Inspiralto, Ultibro)

Alcohol: 8 hours